

CURES FOR THE TOP 8 MOST COMMON GOLF PROBLEMS



About Author



Pete Burns has been playing golf for 6 years now.

He created his site and this e-book to help golf beginners kickstart their hobby or even career with advice, information, and recommendations on what is best for him and them.

They are in the form of online learning courses from Clickbank as well as accessories and gear from Amazon.

CONTENTS

INTRODUCTION	4
1. How To Warm Up Your Muscles	6
2. How To Cure Your Golf Slice	11
3. How To Cure Your Golf Hook	14
4. How To Get Out Of The Sand Trap	17
5. How To Perfect Your Pitching Game	21
6. How To Perfect Your Chipping Game	26
7. How To Improve Your Putting Game	34
8. How To Learn From Your Score Card	41
CONCLUSION	44

INTRODUCTION



GOLF IS PLAYED BY MILLIONS OF PEOPLE ACROSS THE GLOBE.

It is a sport that virtually no one can truly master in a lifetime; yet we continue to strive for perfection.

It is a forgiving sport in that we can often continue to play well into our golden years.

But it is a harsh sport too where success is dependent on a myriad of details—all of which are crucial for a superior shot.

For those who do not play, golf may seem like a passive game—hit a ball and chase after it.

Hit the ball farther and faster: <http://golfswingsecretsguide.com/15-minutes-to-perfect-golf-swing>

But those of us who have teed up and made the commitment to learn this game as best we can know differently.

Golf is anything but passive.

As is true with most other sports, golf has its challenges, and overcoming these challenges is a thrilling experience.

This e-book looks deeply into 8 of the most common problems experienced by golfers and seeks to cure them with solid, reliable instruction and advice.

It is our hope that by applying the tips and techniques covered in this e-book, you will be able to solve some of your golfing issues and, in the process, get more pleasure from each round of golf that you play in the future.

So, let us get started!



Before you continue, make sure you check out the amazing product [15 Minutes To A Perfect Golf Swing](#) where seasoned golfer Jeff Richmond wants to take and groom complete newbies into professionals like himself.

READ MORE

1 How To Warm Up Your Muscles?



AN ALL-TOO-COMMON MISTAKE MANY GOLFERS MAKE IS THEY DO not warm up before they begin playing.

Not only does this increase the risk of injury to your body, but it also decreases your ability to make a full, powerful swing.

A pre-golfing warm-up routine does not have to be elaborate, and it does not have to take more than a few minutes.

The key is to ensure you work your core muscles and your joints before you start swinging your clubs.

Here is a quick and easy way to get warmed up for your round of golf:

Shoulders

1. Lift your arms straight out to your sides.
2. Begin moving your hands and arms in tiny circles, keeping the tips of the shoulders pressed down.
3. Slowly increase the size of the circles.
4. Continue for 20 seconds and then reverse directions.
5. Do 2 sets in each direction forward and reverse.

Upper Body Extension

1. Hold a club straight out with hands and feet shoulder-width apart.
2. As you inhale slowly, move the club over your head and hold it there, steady, for a 5-count.
3. Exhale, bringing the club down to waist-height.
4. Repeat 5 times.

Side Flexing

1. Continue to hold club as above, feet shoulder-width apart.
2. Bring the club to an overhead position, and then slowly bend to the right side.
3. Hold for a 5-count, straighten, and bend to the left side.
3. Repeat 4 times on each side.

Swing Flex

1. Put a long club behind your head, along your shoulders.
2. Place your hands on each end of the club.
3. Spread your feet as you would at address, knees bent slightly.
4. Slowly rotate your torso as if performing a backswing.
5. At the top, slowly rotate back to the starting position, and continue forward, as if performing follow-through.
6. Repeat 8 to 10 times.

Lower Back And Hamstring Stretch

1. Hold club in both hands straight out in front of the body.
2. Bend your upper body at the waist, and let arms hang in front of you.
3. Slowly lower the club toward the ground for a hamstring stretch.
4. Return to standing position.
5. Repeat 10 times.

Modified Squat

1. Hold club in front of body, using both hands.
2. Slowly begin a squat movement, using only the knees.
3. Your upper body should be erect, spine straight.
4. Hold for a 5-count, and slowly stand up.

5. Repeat 5 times.

Performing these simple exercises will get your body relaxed and blood flowing.

Try them the next time you go out, and see if your swing improves immediately!

How To Reduce Golf Nerves

We all know that there are physical and mechanical problems we can encounter that will result in missed shots.

But many golfers also suffer from lack of confidence or golf nerves at times.

This can be just as devastating to a good swing as an improper set-up at address.

It should be noted that all players have a certain amount of nervousness or anxiety from time to time.

This is normal and, in fact, necessary in competitive sports.

So, the idea that one can be totally free of nervousness is not an option.

The key to overcoming golf nerves is to learn to play with them and to not allow them to control your actions.

This may sound like an over-simplification, but practice and confidence are key elements to beating golf nerves.

When I say practice, I am targeting that word directly toward technique.

The more time you put into practicing your various golf shots, the more comfortable you will be when it is time to perform those same shots on the course.

This means honing your technique off the course.

A wonderful thing happens when we practice on a regular basis.

Our muscles will begin to remember what actions they need to perform in any given situation, for any given shot.

This process is referred to as muscle memory.

When you practice solid golfing fundamentals, those same fundamentals become so ingrained that they are second nature out on the course.

As you begin to see positive results, your confidence level will improve.

Once you have prepared your body through practice, and your confidence level is on the rise, you can begin dealing with your golf nerves.

When you feel yourself becoming overly nervous or anxious, take a deep breath and remind yourself that you can make this shot.

You have done it before, and there is no reason you cannot do it again right now.

Trusting your swing is the next key to overcoming golf nerves.

Allow your body to remain relaxed so it can easily access those programmed patterns.

Let your muscle memory do what it was trained to do.

Trusting your swing is based on all that practice you did!

If you have a pre-shot routine, you should go through it and narrow your thoughts to only the one shot you are about to make.

Jettison every other thought and concentrate on this single shot.

An important cure for golf nerves is to realize that nervousness and anxiety often cause tension and tight muscles.

Tight muscles are shot killers.

This is true for any level of golfer, pro to novice.

A strange thing about tension is that we often do not even realize we are tense.

This can be especially true when the adrenaline is flowing.

A good habit to get into for those suffering from golf nerves is to shake it off—literally.

As you approach the ball, give your arms a good shake, flex your neck from side to side, and rotate your shoulders forward and back.

A few deep breaths will help to relax tight muscles and has the added benefit of oxygenating your brain and blood cells.

Only after you have loosened up your muscles should you take your stance.

This is where your confidence comes into play.

Step up to the ball, take a deep breath, and execute the swing.

It will work if you have prepared yourself properly and you allow it to happen.

2 How To Cure Your Golf Slice?



THE SLICE IS AMONG THE MOST COMMON BALL FLIGHT PROBLEMS known in golf.

It happens to all of us at one time or another.

Those who encounter a slice only sporadically should not make drastic changes to their swing. Instead, chalk it up to fate and move on.

But for those who often see their ball flying off to the right side of the fairway, this chapter contains practical advice.

First, let us figure out why a ball slices in the first place.

Hit the ball farther and faster: <http://golfswingsecretsguide.com/15-minutes-to-perfect-golf-swing>

A slice happens when there is horizontal spin, or sideways spin, on the golf ball.

If you were able to look down on a slice ball at impact, you would see the ball spinning clockwise.

This clockwise spinning is caused by the club face being open as it strikes the ball.

As the ball takes flight, it has no other option but to go to the right.

The more severe the spin, the more dramatic the flight to the right will be.

The key to curing a slice is getting the club face back to square before it hits the ball.

There are many reasons a club face can open up on you.

Here are the most common ones

1. Improper Grip

How you hold the club in your hands can determine whether the club face can get back to square at impact.

If your grip is overly weak or overly strong, chances are good you will slice or hook the ball every time.

A neutral grip will allow the face to get back to square on impact.

2. Standing Too Close or Too Far Away

Some golfers may be in the habit of standing too close to or too far away from the ball at address.

This can cause the golfer to use his or her arms too much as they come back on the downswing to get the club face to come into contact with the ball.

It can also result in balance problems, which can easily lead to opening the club face, resulting in a slice.

Improper Hand Action

Other than holding the club, the hands should not play a major role in the golf swing.

If your hands and wrists are moving constantly, there is no telling where they will be at impact, and this means there is no telling where the club face will be at impact, too.

It is also important to remember that clutching the club too tightly can result in missed hits.

Heavy Hitting

Among the most common ways golfers create a slice is when they try to hit the ball too hard.

Each of your clubs has a perfect swing tempo.

When you attempt to exceed that tempo by smashing the ball, chances are good you will hit a poor shot, and this poor shot will often be a wicked slice.

To cure your slice, you need to put in the time to determine what specific problem is causing your club face to open.

This can take time, but it is time well invested.

If you simply cannot figure it out on your own, visit your local golf pro and have him or her look at your swing.

Many experienced golf pros can narrow down a slice issue very quickly.

3 How To Cure Your Golf Hook?



A GOLF HOOK IS THE OPPOSITE OF A GOLF SLICE.

Instead of the ball traveling to the right, it travels to the left because the club face is closed.

As with the slice, there can be several causes for the hook.

Let us look at some of the more common issues.

Grip

A good way to learn if this is the cause of the hook is to -

Hit the ball farther and faster: <http://golfswingsecretsguide.com/15-minutes-to-perfect-golf-swing>

take your club in your normal grip and look down at your hands.

If you see more than 2 knuckles on your left-or-right-handed golfers then you are setting yourself up for a hook shot.

If you see 3 or 4 knuckles, you might end up with a duck hook!

To fix this, rotate your grip - not the club - until you see 2 or 3 knuckles on your left hand.

The club face should be square to the ball when you do this.

Grip Tightness

Do not hold the club too tightly in your hands.

This is a common mistake many golfers make.

If your grip is too tight, it is almost certain that your hands will turn on impact, and you will hook the shot.

Set-Up Or Stance

To cure a hook, the next thing to look at is your set-up and stance.

You want the golf ball to be forward in your stance.

For driving, this means the ball should be located somewhere in the middle, or perhaps just inside your left heel (for right-handed players).

The tips of your shoes should be in line with the target line.

Many hook shots are caused by having the left foot forward of the right foot.

Make sure you avoid that.

Standing Too Close

If you stand too close to the ball, you will have to pull your arms in to hit it, and this can result in a duck hook.

Weight Transfer

Understanding weight transfer during a golf shot does not have to be complicated.

For those who are hooking the ball, there is a good possibility that you are keeping too much weight on your right foot as you swing through the ball.

The key is to keep more weight on the left foot.

When too much weight is kept on the right side, a hook is almost inevitable.

By applying these tips, you should be able to cure your hook shot once and for all.

If you find you cannot pinpoint the problem on your own, get with your local pro and have him or her to look at your grip, stance, and swing mechanics.

They can often point out the problem within a few minutes.



15 Minutes To A Perfect Golf Swing is an online program where seasoned golfer Jeff Richmond wants to take and groom complete newbies into professionals like himself.

[READ MORE](#)

4 How To Get Out Of The Sand Trap?



ALL GOLFERS WILL FIND THEMSELVES IN A SAND TRAP SHOULD they play enough rounds on courses that have them.

Get ready for the inevitable now.

New golfers need to know a few things about sand trap etiquette:

1. Always enter the trap from behind your ball or the far side,
2. Do not walk around in the trap any more than you have to,
3. Do not let your club touch the sand until you hit the ball.

This is called grounding your club, and it will cost you a 2-stroke penalty.

4. After you make your shot, use the rake to smooth out the sand that you disturbed, and be sure to leave the rake outside of the trap when you finish.

Now let us talk about getting out of that sand trap.

There is no rule that says you must use your sand wedge to get out.

You can use whatever club you like.

But, before you grab your seven-iron to get out of a fairway bunker, consider this.

Sometimes the best shot is simply to get your ball back into play—never mind the distance.

This is something you need to decide for yourself.

If you are in a fairway bunker and your ball is sitting on top of the sand, you have more options when it comes to club selection.

If your ball is even slightly buried in the sand, consider taking the safe shot out of the fairway bunker.

Bunkers that are close to the green often require the use of the sand wedge, the club we will discuss here.

One of the key elements to getting out of a sand trap is to keep the face of your wedge open.

An open face will allow the bounce angle of the club to work for you rather than against you.

The bounce angle of a wedge is designed to move through the sand instead of digging into it.

So, keep the face open.

The open face of a wedge also allows you to increase the degree of loft you get from the club.

This results in higher shots that land more softly on the green.

How To Do It

As you take your stance in the sand trap, keep your feet closer together than normal.

Position yourself so that your golf ball is in line with the instep of your left foot.

This allows the wedge to enter the sand just behind the golf ball.

This entrance behind the ball is critical to making a good sand shot.

The next step is to move your left foot back.

This is called an open stance.

If you could draw a line along your heels, the line would be pointing left of the target.

Your knees should be only slightly flexed.

So slight, in fact, you should be able to see your shoes if you look straight down.

Your shoulders need to be in an open position as well.

It is important that the shoulders point left (right for left-handed golfers).

Otherwise, you will not be able to make the swing path needed for a good sand shot.

Now dig your feet into the sand for better balance and stability.

This also lowers the point of contact for the club, which is what you want.

Put slightly more weight on your left foot.

The amount of backswing will depend on how much distance you need to cover.

When you begin your downswing, make sure you accelerate into the shot.

To avoid the common mistake of slowing down, you must accelerate the club through the shot to compensate for the drag the sand will create on the club face.

Continue with a follow-through that is at least so long as your backswing. Avoid the temptation to chunk the ball.

A smooth follow-through is needed to complete this type of shot.

Many golfers make the mistake of not practicing their sand game.

If you are lucky enough to have a course nearby that has a practice sand trap, take advantage of it.

Absolutely nothing will improve your sand play as much as spending time in the sand.

Maximize your sand practice time by working on a variety of shots and variety of ball lies, including buried balls.

As you become more experienced in the sand trap, your confidence level will improve dramatically.

How To Perfect Your Pitching Game?



WANT TO SHAVE STROKES OFF THE SCORECARD?

Mastering the short game is essential.

The short game is normally composed of pitching, chipping, and putting.

This chapter examines pitching.

Pitching can be done with any club but is most often played with the pitching wedge.

Regardless of the club used, you must set up properly to make a good pitch shot.

Hit the ball farther and faster: <http://golfswingsecretsguide.com/15-minutes-to-perfect-golf-swing>

Setting Up For A Pitch

When you set up for a pitch shot, make sure your feet are shoulder-width apart.

You want your weight on the left foot more than the right.

The ball should be between your feet, and your hands **MUST** be ahead of the golf ball.

It is crucial that your hips and feet be open.

For right-handed golfers, this means they are pointing left of the target.

However, your shoulders need to be square with the target line.

Because of how you are setting up, you should feel a slight bit of stress in the waist.

You will need to bend your knees slightly but keep your back straight.

Do not hunch over the ball.

Executing The Backswing

To execute a good pitch shot, your shoulders and arms need to work together and come back together at the beginning of your backswing.

Your hips should turn only slightly.

Other than this slight hip movement, the rest of your lower body needs to remain still and relaxed.

Keep your weight on the forward foot.

Stop your backswing when the club becomes parallel to the ground.

Your hands, at this point, should be about waist high.

Executing The Downswing

Once you reach the end of your backswing, it is important that your hips, arms, and hands all move forward together.

A common mistake is when golfers let their arms and club fall behind.

When your hips move, but the club does not, the club has no choice but to get off-line, and this will result in improper contact with the golf ball.

Impact

At impact, keep your weight on your left foot. Remember to keep your left wrist stiff and flat.

Most importantly, remember to let your hands be in front of the club as well as the ball.

Follow-Through

Follow-through is just as important as impact with this type of shot.

You want both of your arms to extend during your follow-through.

Ensure your hips are moving correctly by checking that, at the end of the swing, your belly button is facing the target.

Different Types of Pitching Shots

One of the great joys of mastering your pitching game is that the pitch shot can be versatile if you know how to use it.

Here are some great tips on how to make the pitch more advantageous.

The Low Pitch Shot

If you want to hit a low shot, you need to finish your golf swing low.

A low shot allows the ball to travel lower in the air, which allows it to roll farther once it lands on the green.

The low shot works well if you have a lot of green between you and the cup, but should not be used otherwise as the ball will likely roll well past the cup.

When you want to perform a low shot, stop your hands once they get to about waist high, arms extended.

The Standard Pitch Shot

For a standard pitch onto the green, use a mid-length swing.

For this shot, your hands should stop somewhere about chest high, and your arms should be fully extended.

This mid-range shot will cause the ball to travel a little higher than the low shot, but it will roll less once it lands.

Generally, you want the ball to fly about halfway and then roll the other half of the way to the cup.

The High Pitch Shot

Lastly, if you need a high fly path with a soft landing, simply finish high with your hands at about shoulder height, arms extended.

The ball will not roll very much with this type of shot.

This shot is best used when you do not have much green between you and the cup.

Therefore, you need it to land fast.

As you can see, the position of your hands at the finish of the follow-through is crucial to the shot you want to make.

Practice all of these, and your pitching will improve very quickly.



15 Minutes To A Perfect Golf Swing is an online program where seasoned golfer Jeff Richmond wants to take and groom complete newbies into professionals like himself.

READ MORE

6 How To Perfect Your Chipping Game?



IF THERE IS ONE THING THE PROS WILL TELL YOU ABOUT CHIPPING, it is to get the ball on the ground as quickly as possible to let it roll as much as possible.

Just like the pitch, the key to performing a great chip shot starts with the set-up.

Here are some tips on how to best set up for your chip shot.

Setting Up For A Chip Shot

This first step is a great idea for all golf shots, not just the chip shot.

Set your club head behind the ball, in line with your target line.

Do this before you do anything else.

Get that club face aimed properly before you worry about getting your body positioned.

For chip shots, you normally want to aim the club face at the hole.

Once the club is aimed properly, take your stance, and spread out your feet with your heels no more than 6 inches apart.

For some shots, you may want to put your feet closer.

The reason to put your feet so close together is this allows for a steeper swing.

With chipping, it is important that you have a downward impact on the ball, and this closed stance helps to make that happen.

A key element to a good chip shot is balance.

Make sure you are comfortably steady before you swing.

Once your feet are set, move your left foot back a little bit to open your stance (right foot for left-handed golfers).

You also need to open your hips so they are in line with your feet.

This is crucial.

Once you have your lower body set up, square your shoulders.

You do not want your shoulders to be in line with your feet and hips.

You want them square so your backswing will travel properly along the target line.

If you notice that your club is cutting across the ball, your shoulders are not square enough or you are opening your feet and hips too much.

To cure this problem, work on one issue at a time.

Start by having a buddy check to see if your shoulders are square.

An outside perspective can help solve alignment problems.

If your shoulders are in the correct position, try closing your stance just a bit.

Hit a few chips, adjusting your stance until you get it right.

Weight Distribution

As with your pitching set up, you want to put more weight on your left foot during set-up to avoid having to transfer any weight during the shot.

For left-handed golfers, the weight would be on your right foot.

You only need to put slightly more weight on the forward foot.

Do not overcompensate on this.

A little goes a long way with this type of shot.

The golf ball should now be positioned between your heels.

The last step in your chipping set-up is to make sure that your hands are ahead of the ball.

This is vital to making this type of shot.

Even though your hands are ahead of the ball, the ball should be in line with your breastbone.

This is crucial because if the ball is out of line, your club will get to the bottom of its swing arc before it gets to the ball.

This results in striking the ball with the bottom edge of the club, which will encourage the ball to fly well past where you wanted it to land.

The Chip Backswing

To execute a good chip shot, your shoulders, arms, and hands must all move together as you begin the backswing.

While the upper body is active, the lower body should remain still and relaxed, except your hips.

Your hips should feel a slight bit of pressure as they turn.

Keep your weight on your forward foot throughout the swing.

The Chip Downswing

As you begin your downswing, hips, hands, arms, and shoulders stay in sync with one another.

It is important that you not let anything lag behind. All components must move together.

Many golfers will make the mistake of allowing their wrists to break as the club approaches the ball.

Keep your left wrist solid and flat through impact (right wrist for left-handed golfers).

The Chip Impact

It is imperative that your hands be ahead of the golf club at impact.

This means your hands are ahead of the ball as well.

Keeping your left wrist flat will ensure your hands stay ahead.

The Chip Finish

As you finish the chip shot, your club face should be in line with the target.

However, your hips should be open to the target.

Keep your arms extended.

A common mistake made during both pitching and chipping is bringing the club head up too quick.

Resist the urge to watch your shot and keep your head down!

How To Hit A Lob Shot

Every now and then the best option is a lob shot.

But many golfers are unfamiliar with how to play this type of precision shot.

Let us take a look at the lob shot and see if we can put this useful tool into your golf bag of tricks.

A lob shot is best used when you need a high shot that is close to the green, say within 60 yards or so.

But also need to stop the ball fast upon landing.

To perform a lob shot, you need a lob wedge.

You have options when it comes to choosing lob wedges.

Lob wedges are available in lofts that range from 58 degrees to 61 degrees.

There are also some high-performance wedges that come in lofts of from 62 degrees to 65 degrees.

Once you know how to use a lob wedge, it can add dramatically to your short game.

Here are some tips on how to choose a lob wedge.

1. No More Than 60 Degrees Of Loft

If you are new to lob wedges, choose one that has no more than 60 degrees of loft.

More loft equals more difficulty in using.

2. Bounce Angle Of 10 To 13 Degrees

Choose one with bounce angle of 10 to 13-degrees.

Do not go below 8 degrees.

The more bounce angle, the less likely it is to dig into the ground.

How To Play A Lob Wedge

Balance is important.

When playing a lob wedge, keep your weight evenly between both feet.

Do not play the ball too far back in your stance.

Do not play it too far forward either.

Swing distance is important too.

Normally, you only need a maximum backswing of about 3/4.

Recreational golfers should do not go past the parallel point until they have mastered the club.

Your hands must lead the swing so keep them ahead of the ball.

It is vital that you accelerate through the ball at impact.

This is among the most common mistakes players make with wedges.

The tendency for many golfers playing wedges, and particularly the lob wedge, is to slow the club as it approaches the ball. This is a mistake.

When practicing with the lob wedge, make it a point to accelerate through impact.

The Lob Wedge Is NOT A Magic Stick

It must be noted that the lob wedge is a unique club, and as such it serves a unique purpose.

With so much hype about it lately, many golfers are using it when they should not.

If you need a lot of height and a soft landing, the lob wedge is the right club.

It is a great club for getting over bunkers and other types of hazards that are between you and the green.

But most pros agree that unless you need that added carry it is better to consider pitching or chipping instead.

Many players new to the lob wedge see poor results.

But only because they are using the club when they should be using something else.

Do not fall into the trap of lob-mania.

Use it only when you need it and do not expect good shot-making results until you spend some time practicing with the lob wedge.

One Last Thought

As you know, you are only allowed 14 clubs in your bag.

If you add a lob wedge, you need to take something else out.

Most golfers choose to remove one of their long irons, which makes sense.

The decision as to which club to remove, however, is up to the individual golfer.

One of the major advantages to adding a lob wedge to your bag is that this club truly does serve as an in-between club.

Experienced golfers understand just how difficult it is to make partial shots.

A lob wedge allows you to make a full swing when you are at a distance that would dictate a half- or quarter-swing with another club.

For many golfers, making a full swing is far easier than any type of partial swing.

The lob wedge makes you far more prepared for shots that fall within 60 yards or so of the green.

No other club can match it at this distance and learning to play it accurately is time well-invested.

7 How To Improve Your Putting Game?



LET US BE HONEST HERE.

Putting often separates high-handicappers from the low-handicappers.

For many recreational golfers, as many strokes are taken on the green as were taken to get to the green.

Most golfers can cure their putting problems by following a few rules:

Spend Time Practicing

Most golfers love to visit the driving range where we hit buckets of balls as far as we can.

There is nothing wrong with that, but golf is not just about distance.

It is also about precision and finesse.

Putting is about precision and finesse.

If you want to improve your putting, you must spend time on the practice green. It is that simple.

End of story.

5 Minutes Won't Do It

We are all stressed for time.

For many golfers, this means they get to the course a few minutes before tee time and go to the practice green.

They spend 5 minutes or so practicing putts and then head off for the first tee.

To master your putting skills, you need to invest time practicing.

It is that simple.

The answer for me was to set aside 2 hours, once a week after work, when I would visit the course and just practice my putting or sand trap play.

These two hours were devoted to short game practice and nothing else.

Again, for me, this was something I had to make myself do because I was not getting enough practice otherwise.

Setting some quality time to do nothing but work on a particular aspect of your game is, in my opinion, a great way to see gains.

Identify Your Pattern of Weakness

To determine if you have a pattern of weakness, you need to keep track of your putts.

1. Are you consistently putting short to the cup?
2. Are your putts consistently right or left of the hole?
3. Are your putts all over the place?

To improve your putting skills, it is important that you have some idea of what it is that you are doing wrong.

Once you know what you are doing wrong, you can begin to hone in on those problems and cure them.

Up Your Mental Game

If you are hitting your putts short, you may be suffering from a lack of confidence.

To cure this problem, tell yourself mentally that from now on you will hit all your putts three inches past the hole.

It does not matter if you sink the putt or not; your objective is to get the ball past the hole.

Remember, no putt ever went into the cup that did not actually reach the cup!

Examine Your Swing

Putts that are consistently landing left or right of the hole may be caused by a few things.

To cure this problem, examine these issues:

1. Putter Blade Turning On You

The putter blade is turning on you at impact.

If the putter face opens or closes at impact, the ball will not roll true.

This can be caused by not holding the putter tight enough.

2. Forward Swing Not Stay True To Ball

It can also happen if your forward swing does not stay true to the ball.

In other words, if your swing is inside or outside of the target line, the ball will react accordingly.

3. Do Not Align Putter Face Correctly

If you do not align the putter face correctly at set-up, the ball will roll to the right or left.

Even though the putter face is not opening or closing at impact, it is improperly aimed at the hole or target line.

4. Your Feet Not Aligned With Target Line

Your feet are not aligned with the target line.

If your toes are aligned right or left of the hole, the putter face will usually follow that alignment.

Which results in the ball rolling right or left of the hole.

5. Hands Not Remaining Still

When putting, it is important that your hands remain still.

In fact, they need to be locked in place.

If your hands are turning either right or left, the face of the putter will follow.

Read The Green

Most greens have some break to them somewhere.

It is rare to find a green that is as flat as a pool table.

Reading a green properly can only happen through practice and experience.

Even the best pros will read a green incorrectly from time to time.

It is important to remember that if you are putting into the grain of the grass, your putt will be slower and require more power at impact to travel the distance.

If you are putting with the grain, your ball will roll faster and longer.

On average, most breaking putts tend to fall short of the cup.

Do not be afraid of giving your putt a little more power, especially if you have a severe break in front of you.

If you have a wet hazard near the green, do not be surprised if the ball tends to roll toward the water, even if the green looks flat.

If you are playing in an area that has mountains close by, be prepared for your ball to roll away from the mountains.

Switch Your Putter

Here is a tip that may work for some of those who are consistently putting short or long.

Different Putter Style

If you are currently using a blade-type putter, try using a mallet-type putter, and vice versa.

If your putts are stopping short of the hole and you use a blade putter, using a mallet putter may give your putts that little extra oomph they need.

The mallet putter, because of its heavier mass on the club head, will impart more energy upon contact with the ball.

Consistently putting long and using a mallet putter?

Try using a blade putter.

Blade putters have less mass in the club head and will deliver less energy to the ball on impact.

For this tip to work, however, you need to keep your current putting swing.

In other words, do not change anything other than the putter itself.

Keep your same swing, same tempo, etc.

Putting is as much art as it is science.

It often requires creative thinking, and it always requires confidence.

The more time you spend challenging yourself on the practice putting green, the more you will learn about putting.

Best of all, improving putting skills is something everyone can do, regardless of age or range of body motion.

8 How To Learn From Your Score Card?



IF YOU HAVE A PHENOMENAL MEMORY AND CAN REMEMBER EVERY hole of every round you play, you can skip this chapter.

If not, jotting down a quick note is a good way to remember something later on.

This is where your score card can do double duty.

This cure works best for those who play the same golf course or two on a regular basis.

For every round you play, you need a scorecard and pencil.

You can also use a digital GPS golfing system, one that allows for data input and saves your information.

As you play your round of golf, keep track of your score as you normally do, but also make notes of your shots.

You can use symbols or even arrow lines to indicate each shot on a hole.

Or you can only note the bad shots you make on a hole.

The key is to jot down the pertinent points of each hole as you play.

This should include putting as well.

Knowing the number of putts on each hole will be a great help later when you sit down to examine your data.

Once you have collected three to ten scorecards with notes, sit down and lay them out in front of you, ordered by date of play.

If you are truly serious about learning from your cards, get a notebook and use it to collate information as you glean it from the cards.

What To Look For

Driving Patterns

How many hooks, slices, or short drives did you have over this time frame?

Are there specific holes where your driving is particularly good or particularly bad?

Is there one club that you are having problems with—your driver, perhaps, or your 3-wood?

Fairway Play

Are your irons and fairway woods performing well?

Are you reaching greens in regulation consistently or not?

Do you have any recognizable pattern of slicing, hooking and so on from the fairway?

While you can use your scorecards to record a variety of data, one of their best uses is for collecting data on certain clubs that you use in the fairway.

For example, your scorecards can tell you if you are having consistent problems with a particular club or category of club such as your long irons or hybrid woods.

Putting

How many putts do you average on a particular hole?

Are your putts revealing a pattern that you should know about?

For instance, are many of your putts falling short? Are they rolling right or left of the cup on a regular basis?

For those who like gadgets, getting an affordable, hand-held stroke computer is a good investment.

You can find many types online.

Some models will allow you to download your data onto your PC, and these can calculate and show trends in your play.

Whether you collect your information by hand or with mini-gadget, when you have this kind of data in front of you, you can begin to focus on the most significant problems you encounter during your play.

And once you know where your trouble areas are, you can begin to work on them with practice.

CONCLUSION



Having solid information in front of you is the key to making the cures in this e-book work.

I hope you have enjoyed this short book on how to improve your game.

But remember:

The tips and advice offered here will only work if you put them into practice.

The good news is most of these adjustments can be mastered in a short period of time.

And once you have your problem areas resolved, you will enjoy this wonderful, yet frustrating, game to its fullest.

To Your Golf Success!
Pete Burns



One Of My Top Recommendations



15 Minutes To A Perfect Golf Swing is an online program where seasoned golfer Jeff Richmond wants to take and groom complete newbies into professionals like himself.

READ MORE